

MKO Vaccine Project

Scan QR code to learn MKO's
resources for vaccinations.



Manitoba
Keewatinowi
Okimakanak Inc.

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Have You Received Your Scheduled Vaccinations?

1. **Hepatitis B:**
Birth – 12 months of age
2. **Rotavirus (Rot):**
2 – 6 months of age
3. **Diphtheria, Haemophilus influenzae type B, Polio:**
2 - 23 months of age
4. **Pneumococcal:**
2 – 15 months of age
5. **Meningococcal Disease:**
2 months – 4 years of age
6. **Measles-Mumps-Rubella, Chicken Pox:**
12 months – 6 years of age
7. **Tetanus, Diphtheria, Polio:**
4 – 6 years of age
8. **Tetanus, Diphtheria:**
10 years after the last dose
9. **HPV:** 9 – 14 years of age
10. **Tetanus and Diphtheria:**
1 dose every 10 years
11. **Tetanus, Diphtheria, and Pertussis:** 1 dose after age 18
12. **Pneumococcal Disease:**
65+ years of age
13. **Shingles:** 50+ years of age
14. **Influenza (flu):** Recommended annually from 6 months

Source: <https://www.canada.ca/en/public-health/services/canadian-immunization-guide.html>

The information provided is not a substitute for professional medical advice; consult your healthcare provider for personalized immunization recommendations based on your health status and regional guidelines.